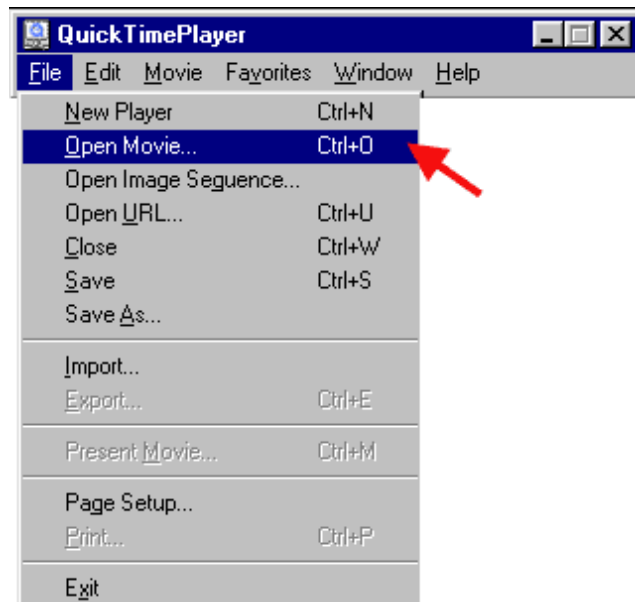


Using Quicktime Pro for converting Quicktime movies or image sequences to AVIs for use in Powerpoint

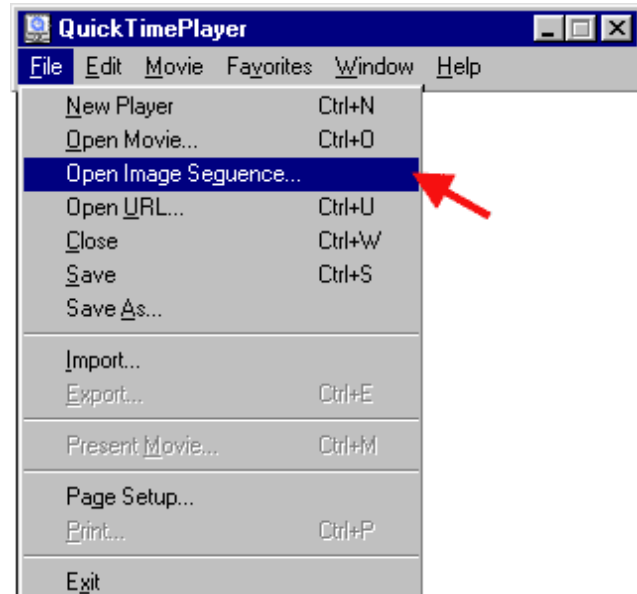
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When preparing movie files for PowerPoint there are two important considerations. The movie must be in a compatible file format with the proper codec setting. And the frame rate should be set to 15 or lower. Here are the steps:

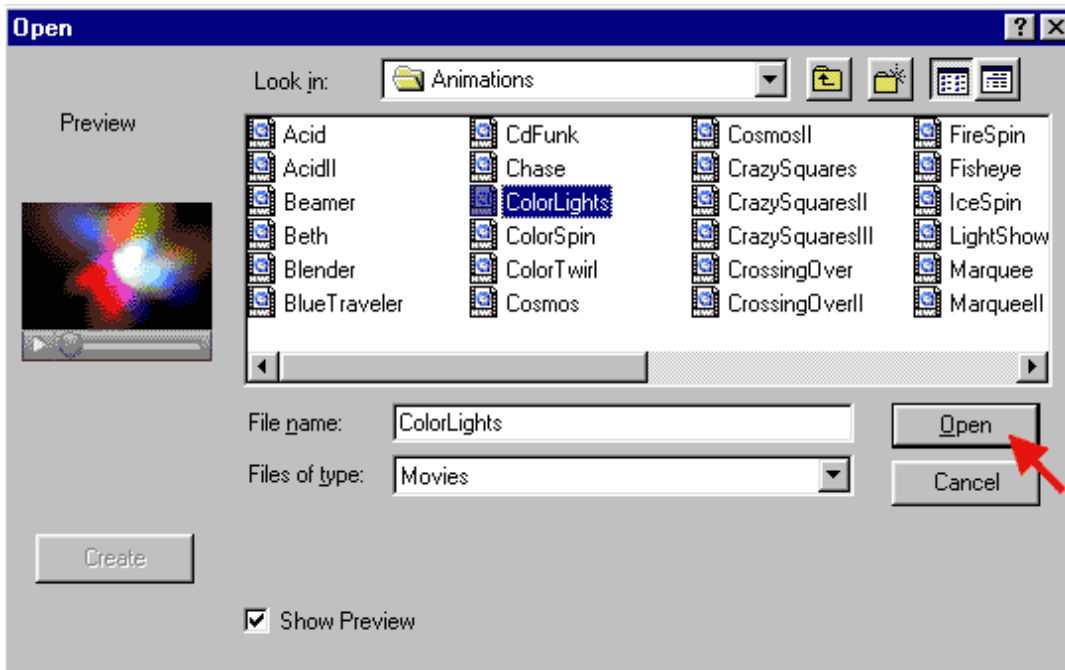
1. When converting a movie, from the File menu, choose Open Movie



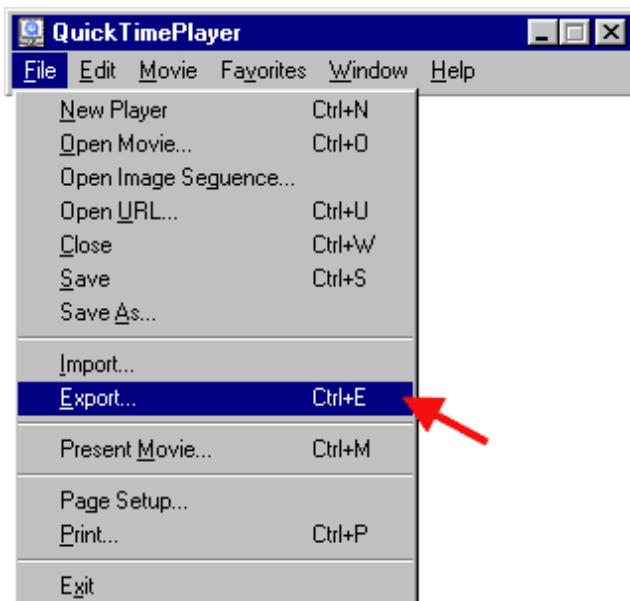
1a. When converting an image sequence, from the File menu, choose Open Image Sequence



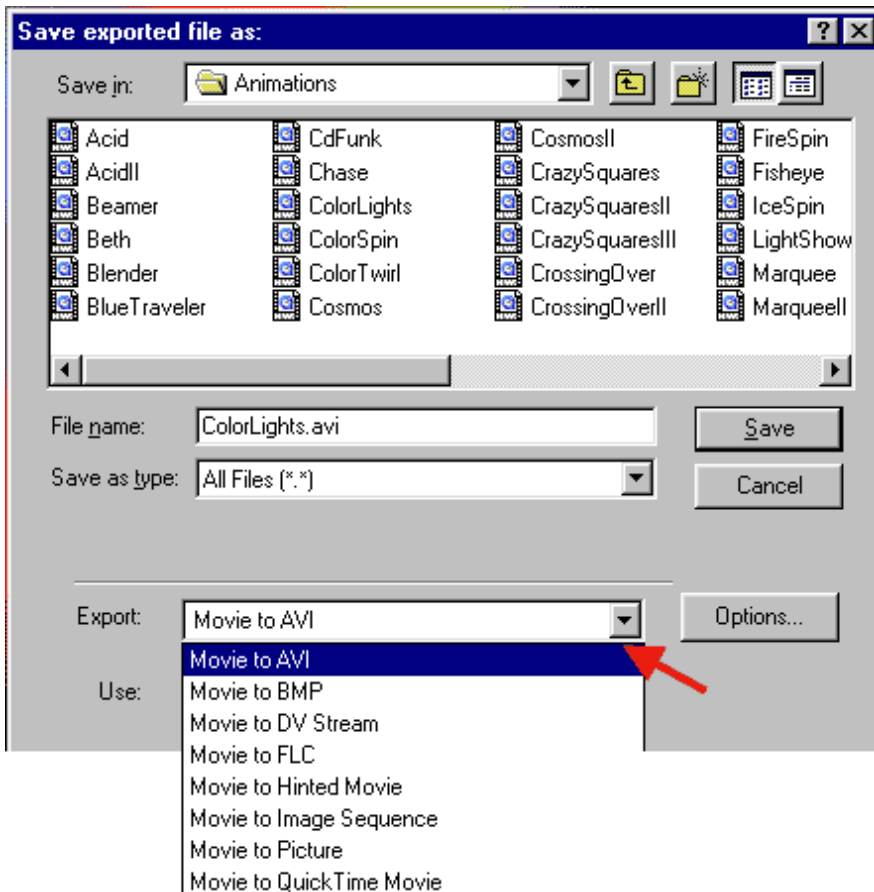
2. In the Open dialog box, locate the movie file. For an image sequence, locate the first image in the sequence and click the Open button.



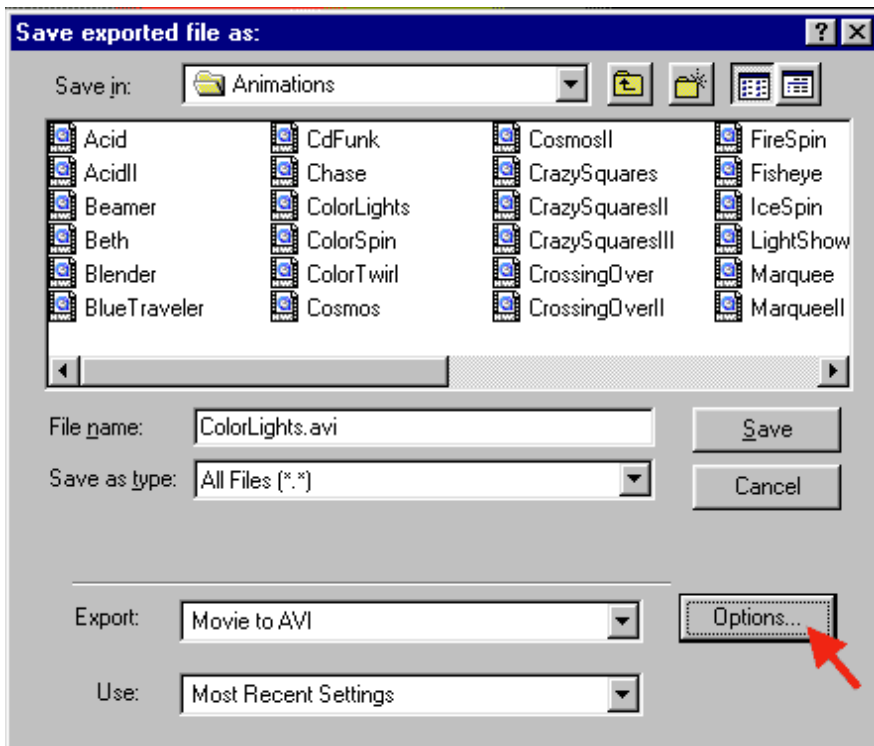
3. Once the movie appears, from File menu choose Export



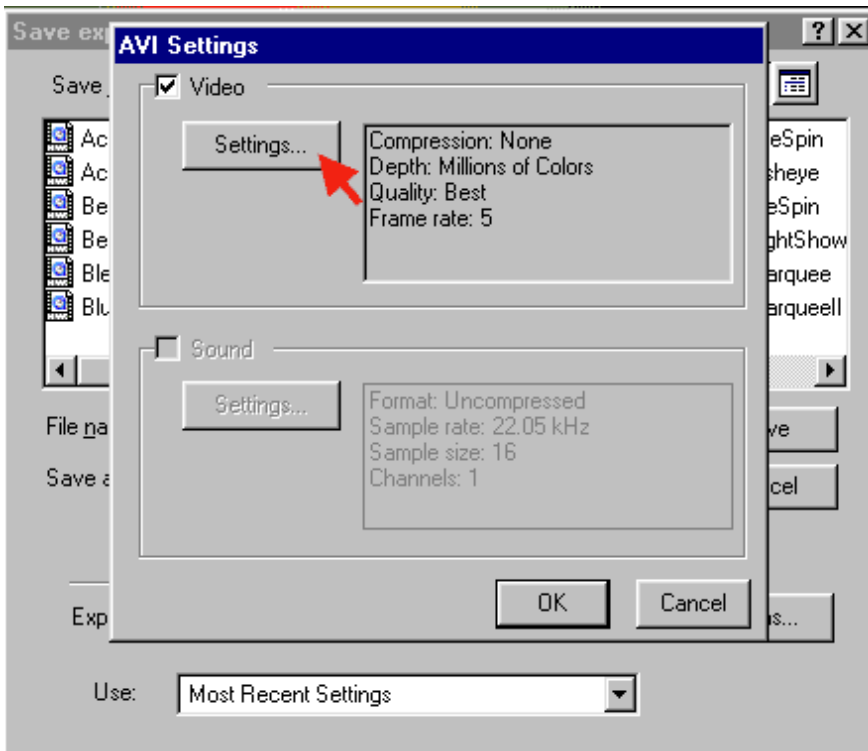
4. In the Export pop-up menu choose Movie to AVI



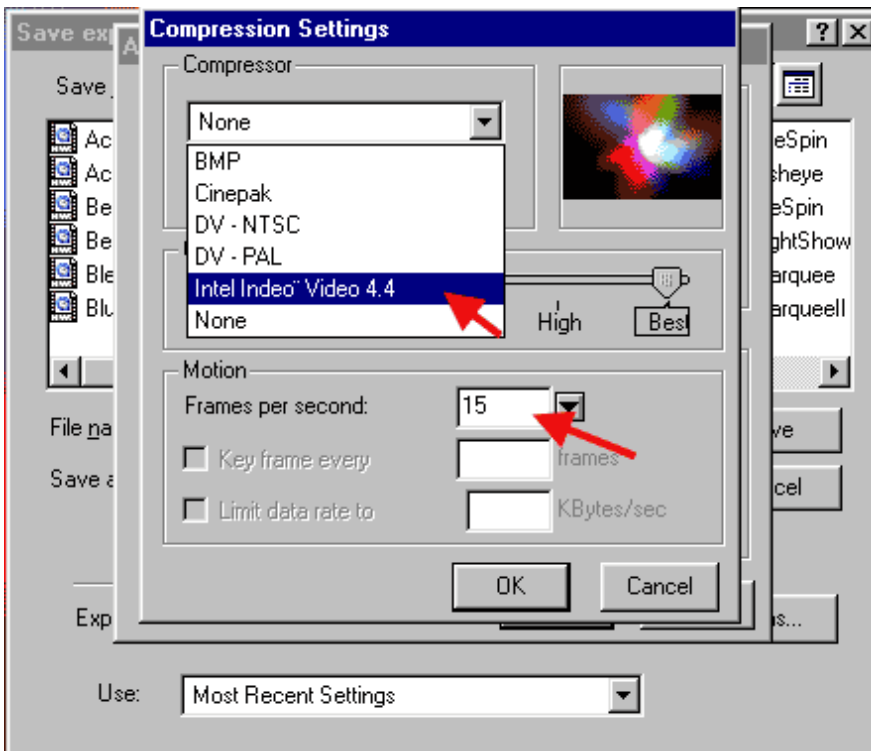
5. Click the Options button



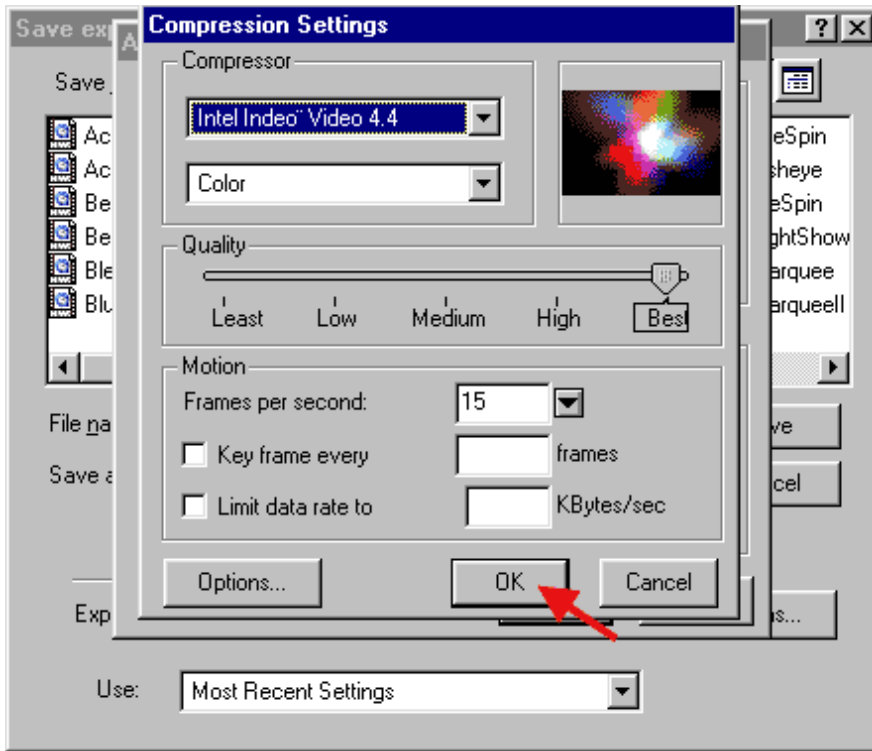
6. In the Movie Setting dialog box, make sure the Video checkbox is selected. Click on the Settings button.



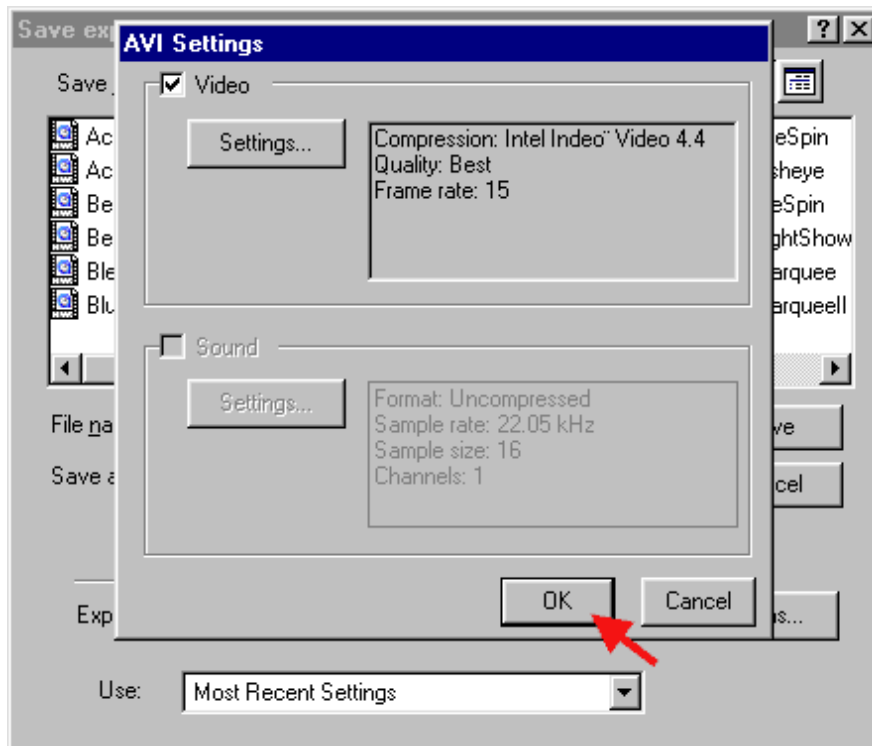
7. From the Compressor pull-down menu, choose Intel Indeo and change frames per second to 15.



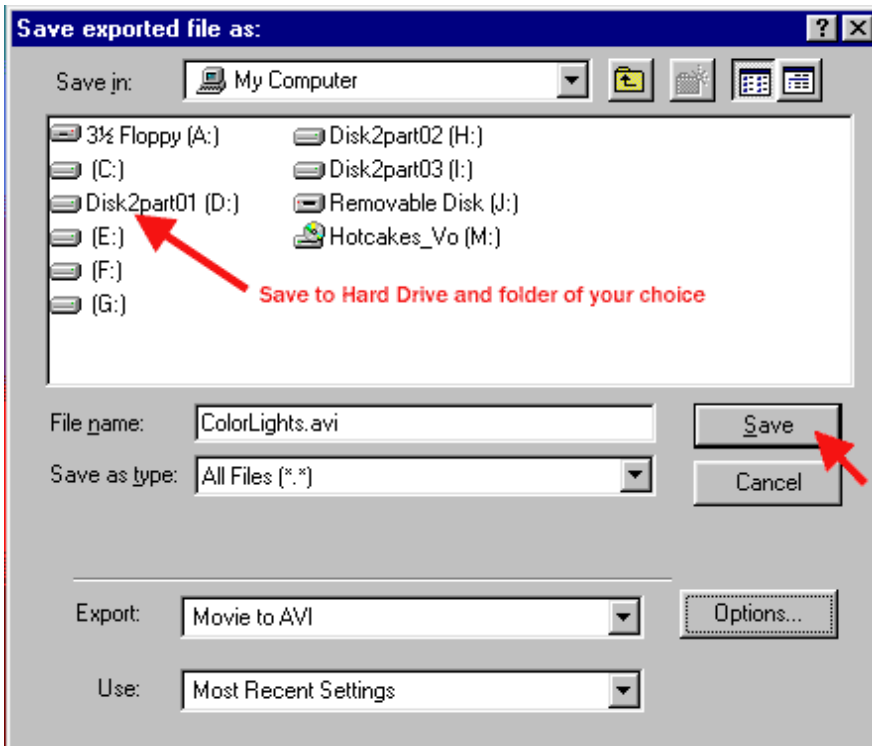
8. Leave Quality slider at Best and Click the OK button



9. Click the OK button for AVI Settings.



10. Choose hard drive and folder to save your AVI file then Click on the Save button.



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