

HEATHER BRISTER, M.A.

DEPARTMENT OF PSYCHOLOGY
THE UNIVERSITY OF TEXAS AT AUSTIN
1 UNIVERSITY STATION – A8000
AUSTIN, TEXAS 78712-0187
512.471.8993
HBRISTER@MAIL.UTEXAS.EDU

EDUCATION

B.S. 2004, University of Washington, Psychology

M.A. 2007, University of Texas at Austin, Psychology

HONORS

Dean's List, University of Washington

PUBLICATIONS

Aaron L.A., Turner J.A., Mancl L., Brister H., & Sawchuk C.N. (2005). Electronic diary assessment of pain-related variables: Is reactivity a problem? The Journal of Pain, 6,107-15.

Turner, J.A., Brister, H., Mancl, L., & Aaron, L.A. (2005). Catastrophizing is associated with clinical examination findings, activity interference, and health care use among patients with temporomandibular disorders (TMD). Journal of Orofacial Pain, 19, 291-300.

Brister, H., Turner, J, Aaron, L., & Mancl, L. (2006). Association of self-efficacy beliefs with pain and functioning among patients with temporomandibular disorders. Journal of Orofacial Pain, 20, 115-124.

MANUSCRIPTS IN PROGRESS

Brister, H. A., & Fromme, K. Positive Reinforcement of Alcohol Use and Changes in Heavy Drinking during the Transition from High School to College. (in preparation).

Brister, H. A., Wetherill, R. R., & Fromme, K. Expected Versus Actual Alcohol Consumption during 21st Birthday Celebrations (in preparation).

Brister, H.A., Fromme, K. (in preparation). Risk factor for problematic drinking: A longitudinal examination of sweet-liking and novelty-seeking among heavy drinking college students.

CONFERENCE PRESENTATIONS

Turner, J.A., Brister, H., Aaron, L.A., Mancl, L, Huggins, K.H., & Truelove, E. (2005). Association of self-efficacy with pain, functioning, and coping among patients with temporomandibular disorder pain. Paper presented at the 24th Annual Scientific Meeting of the American Pain Society, Boston, MA.

Brister, H. A., Kruse, M.I., & Fromme, K. (2005). Activity Choice Predicts Frequency of Large Effect Drinking Episodes. Paper presented at the 28th Annual Scientific Meeting of the Research Society on Alcoholism, Santa Barbara, CA.

Brister, H. A., Kruse, M.I, & Fromme, K. (2006). Subjective Response to Alcohol is Associated with Changes in Heavy Drinking from High School to College. Paper presented at the 29th Annual Scientific Meeting of the Research Society on Alcoholism, Baltimore, MD.

Brister, H. A. & Fromme, K. (2007). Specific Aspects of Positive Reinforcement from Alcohol Predicting Heavier Second Year College Drinking. Paper presented at the 30th Annual Scientific Meeting of the Research Society on Alcoholism, Chicago, IL.

RESEARCH EXPERIENCE

Graduate Student. SAHARA Lab, University of Texas at Austin. Duties include designing and conducting independent research projects, tracking and ensuring survey completion for daily monitoring participants, leading and managing data collection for intensive structured interview protocol, managing and designing protocol for final wave participant tracking and age-matched non-college sample, IRB submissions, training and supervision of undergraduate research assistants as part of an NIH funded research project. Under K. Fromme Ph.D. 8/04-present.

Research Coordinator. University of Washington, Seattle, WA. NIH funded longitudinal study of efficacy of brief cognitive-behavioral treatments for chronic temporomandibular pain patients. Duties included dental examination recording, participant recruitment, control group session facilitation, data collection, data analyses, and manuscript preparation. Under J. Turner Ph.D. 6/03-8/04

Undergraduate Research. University of Washington, Seattle, WA. Collected data for two studies of plasticity mechanisms of learning and memory systems. Assisted in behavioral training of animals, histology, and surgical implantation of recording devices. Under D. Smith, Ph.D. and S. Mizumori, Ph.D. 9/02-1/04

CLINICAL EXPERIENCE

Clinical Psychology Intern. Austin Recovery, Austin, TX. Duties include brief and long-term individual psychotherapy, group psychoeducation and therapy (Cognitive Processing Therapy, Prolonged Exposure) for comorbid substance dependence and PTSD. Therapeutic styles utilized include: Dialectical Behavior Therapy (DBT) for borderline personality disorder, Cognitive Behavior Therapy for mood and anxiety disorders, 12-step Facilitation (TSF) and Motivational Interviewing (MI) for substance dependence. Assessment of dual diagnosis and appropriateness for treatment among prospective inpatients, brief psychological interventions, and review and recommendations for medication management. Supervisor: D. Stote, Ph.D. Total hours: 1050. 8/06-8/07.

Staff Therapist. Childhood Sexual Abuse Study, Austin, TX. Duties include administering individual therapy to research participants randomized to one of three treatment conditions. Condition one is a brief version of Cognitive Processing Therapy for survivors of sexual assault, condition two is a modified version of CPT designed to target beliefs about sexuality, and condition three is a mindfulness-based treatment designed to help participants focus on recognizing and meeting their needs. Supervisors: C. Meston, Ph.D. and D. Stote, Ph.D. Total Hours: 209. 7/07-present.

Student Psychotherapist Department of Psychology, The University of Texas at Austin. Duties include intake interviews and cognitive-behavior individual psychotherapy for mood and anxiety disorders, psycho-education; psychological, intellectual, achievement, and neuropsychological assessment; treatment planning in outpatient training clinic. Supervisor: M. Lopez, Ph.D. Total hours=750. 9/05-7/06.

Research Coordinator University of Washington, Seattle. Health Sciences and Biobehavioral Medicine, School of Dentistry. Duties included individual psychoeducational treatment for chronic pain patients in a hospital setting. Supervisor: J. Turner, PhD Total hours=200. 6/03-8/04.

Clinical Interviewer. The University of Texas at Austin. Duties included administration of standardized interviews assessing past and current drinking patterns, unsafe and safer sexual behaviors, illicit drug use, and aggression. Developed protocol, co-authored IRB proposal, supervised graduate student interviewers and undergraduate assistants, scheduled participants, Supervisor: D. Neal Ph.D. Total hours=75. 1/06-4/06

Clinical Interviewer. The University of Texas at Austin. Duties include administration of standardized interviews assessing behaviors that occurred during the 21st birthday celebration, supervising a team of graduate and undergraduate researchers, creation and maintenance of data entry files, developing protocols, authored IRB proposal, co-led the management of study, helped design study. Supervisor: K. Fromme, Ph.D. Total hours: 50. 1/07-5/07.

TEST ADMINISTRATION AND INTERPRETATION

Part-Time Adult Battery Test Administrator. Private Practice of Manuel Ramirez, Ph.D. Duties include administration and scoring of vocational interest batteries, and WAIS-III for clients seeking disability benefits. Supervisor: M. Ramirez, Ph.D. Total hours: 48. 6/06-present.

Wechsler Adult Intelligence Scale (WAIS-R) (20 administrations and interpretations)
Wechsler Memory Scale-Revised Visual Reproduction I and II (WMS-R) (50)
Minnesota Multiphasic Personality Inventory (MMPI II) (7)
Structured Clinical Interview for DSM-IV I and II (SCID-I, SCID-II, Mini SCID) (40)

TEACHING EXPERIENCE

Freshman Interest Group Leader. University of Washington. Developed curriculum and facilitated fall term course of 24 freshmen. 9/02-12/02.

Dependence and Comorbid Psychiatric Conditions: Dual Diagnosis. Austin Recovery. Developed and curriculum for a weekly course for substance dependent inpatients on the nature, causes, empirically validated treatments for comorbid DSM-IV mood, anxiety, and personality disorders and a basic discussion of neurobiology and the role of neurotransmitters and brain regions in the development of substance dependence and relapse. 10/06-08/07.

Honors Thesis Supervisor. The University of Texas at Austin. Supervised development and writing of Biology Honors Thesis project Subjective Effects of Alcohol and Tobacco Use. 11/06-05/07.

PROFESSIONAL AND COMMUNITY SERVICE

Services Coordinator Intern. Family Services, Seattle, WA. Duties included providing social service referrals to King County area homeless families, coordinating donations and volunteer groups, performing statistical analysis on client demographic information, and creating a wholesale buying program to optimally spend grant money. 8/02-8/03

Pro-Bono Therapist. New Life Institute. Duties include guidance in obtaining appropriate social services, providing individual and group psychotherapy for maintenance of sobriety and co-morbid psychiatric conditions for indigent and very-low SES women. Supervisors: D. Stote, Ph.D., J. Thompson, MSW. 12/06-8/07. Total Hours: 100.

Ad-Hoc Reviewer. Psychology of Addictive Behaviors (2).

PROFESSIONAL AFFILIATIONS

Member of the American Psychological Association, 05-present.
Research Society on Alcoholism 05-present.

PROFESSIONAL PRESENTATIONS AND WORKSHOPS ATTENDED

Alissa Sherry, Ph. D. (2006). Supervision and Consultation in Psychology. Workshop presented at, University of Texas at Austin, Austin.

UPDATED: MAY 3, 2008