

**CYNTHIA A. STAPPENBECK, M.A.**

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**EDUCATION**

Ph.D. 2011(anticipated), The University of Texas at Austin, Clinical Psychology. Dissertation: Alcohol, Emotion Regulation, and Escalation of Aggression during Dating Conflict. Committee: K. Fromme, Ph.D. (Chair), A. R. Neal-Beevers, Ph.D., A. Haley, Ph.D., R. Josephs, Ph.D., and N. Busch, Ph.D.

M.A. 2002, University at Buffalo, The State University of New York, Psychology. Thesis committee: J. Roberts, Ph.D., and C. Colder, Ph.D.

B.A. 2000, Niagara University, Psychology (Magna Cum Laude). Honors Thesis committee: T. Osberg, Ph.D., and B. Thompson, Ph.D.

**AWARDS AND FELLOWSHIPS**

Sept 2008-present	Graduate Dean's Prestigious Fellowship Supplement Graduate Studies, The University of Texas at Austin
Start Sept 2008 End Aug 2010	Ruth L. Kirschstein National Research Service Award Pre-Doctoral Fellowship, National Institute of Alcohol Abuse and Alcoholism Grant # 1 F31-AA017563-01, Alcohol, Emotion Regulation, and Escalation of Aggression during Dating Conflict
2008 (February)	APA Division 50 Student Travel Award, APA Summit on Violence in Relationships
2007 (July)	RSA Student Travel Award
2006 (June)	RSA Student Travel Award
2005 - 2008	NIAAA Institutional Training Grant #5T32-AA07471 Waggoner Center for Alcohol and Addiction Research The University of Texas at Austin Principle Investigator: R. Gonzales, Ph.D.
2005 - Present	F.M. Jones/H.L. Bruce Endowed Supplemental Fellowship Waggoner Center for Alcohol and Addiction Research The University of Texas at Austin
1996 - 2000	Niagara University Trustees Scholarship Niagara University

**PUBLICATIONS SUBMITTED AND IN PREPARATION**

**Stappenbeck, C.A., & Fromme, K.** (2008). *Alcohol use and mutual dating violence among college students*. Manuscript submitted for publicaion.

**Stappenbeck, C.A., & Fromme, K.** (2008). *Alcohol use and negative consequences of general and sexual aggression among emerging adults*. Manuscript submitted for publication.

**Stappenbeck, C.A., Kruse, M.I., & Fromme, K.** (2008). *Verbal and physical aggression in response to hypothetical dating conflict vignettes after drinking alcohol*. Manuscript in preparation.

**Brister, H.B., Stappenbeck, C.A., & Fromme, K.** (2008). *Predictors of collegiate academic performance*. Manuscript in preparation.

**PUBLICATIONS**

**Klostermann, K., Fals-Stewart, W., Gorman, C., Kennedy, C., & Stappenbeck, C.** (2005). Behavioral Couples Therapy for alcoholism and drug abuse: Rationale, methods, findings, and future directions. In C. Hilarski (Ed.), *Addiction, assessment, and treatment with adolescents, adults, and families* (pp. 235-255). Binghamton, NY: Haworth Social Work Practice Press.

**Stappenbeck, C.A., & Fals-Stewart, W.** (2004). Measuring intimate partner violence: A comparison of the Conflict Tactics Scale and the Timeline Followback Spousal Violence interview. In J.P. Morgan (Ed.), *Focus on aggression* (pp. 1-13). Hauppauge, NY: Nova Science Publishers, Inc.

**Stappenbeck, C.A., Logsdon, T., Gorman, C., & Fals-Stewart, W.** (2004, February). When kids won't (or can't) come for help: Treating substance abusing parents to help their children. *Counselor: The Magazine for Addiction Professionals*, 5, 24-29.

**Vendetti, K.L., Stappenbeck, C.A., & Fals-Stewart, W.** (2004). *The timeline followback spousal violence interview: A user's guide*. Buffalo, New York: Addiction and Families Research Group.

**Fals-Stewart, W., & Stappenbeck, C.A.** (2003). Intimate partner violence and alcohol use: The role of drinking in partner violence and implications for intervention. *Family Law Psychology Briefs*, 4(4), from <http://www.jmcraig.com/subscribers/archives.htm>

**CONFERENCE PRESENTATIONS**

**Stappenbeck, C.A., & Fromme, K.** (2008, February). *Dating violence victimization and alcohol use: Cross-lagged effects*. Poster presented at the APA Summit on Violence in Relationships, Washington, D.C.

**Stappenbeck, C.A., & Fromme, K.** (2007, July). *Alcohol intoxication and other correlates of partner violence and general aggression*. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Chicago, I.L.

- Stappenbeck, C.A.,** Kruse, M.I., & Fromme, K. (2006, June). *Alcohol-related aggression in response to dating conflict*. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Baltimore, MA.
- Stappenbeck, C.A.,** & Fromme, K. (2005, June). *Can expectancies help explain the association among alcohol use, violence, and negative consequences?* Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Santa Barbara, CA.
- Klostermann, K., Evans, D., **Stappenbeck, C.,** & Fals-Stewart, W. (2004, November). *Abbreviated relationship therapy for alcoholism: Clinical and cost outcomes*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Fals-Stewart, W., **Stappenbeck, C.A.,** & Hoebbel, C. (2004, June). *A decision tree for determining primary drug of abuse: Psychometric properties*. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Stappenbeck, C.A.,** Hoebbel, C., & Fals-Stewart, W. (2004, March). *Women's indirect risks for HIV exposure: The effects of behavioral couples therapy on wives of drug-abusing men*. Poster presented at the 2<sup>nd</sup> World Congress on Women's Mental Health, Washington, D.C.
- Stappenbeck, C.A.,** Hoebbel, C., & Fals-Stewart, W. (2004, March). *Behavioral couples therapy for drug-abusing mothers: Effects on children*. Poster presented at the 2<sup>nd</sup> World Congress on Women's Mental Health, Washington, D.C.
- Stappenbeck, C.A.,** & Fals-Stewart, W. (2003, September). *Couples therapy for substance-abusing women*. Workshop presented at the annual Alcohol and Drug Problems of North America Women's Issues Conference: Women, Trauma, & Addictions, Buffalo, NY.
- Stappenbeck, C.A.,** & Fals-Stewart, W. (2003, August). *Personality characteristics of partners in male substance abusing dyads*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, CA.
- Stappenbeck, C.A.,** & Fals-Stewart, W. (2003, June). *Factors associated with relationship dissolution among substance-abusing men*. Poster given at the Annual Scientific Meeting of the Research Society on Alcoholism, Fort Lauderdale, FL.
- Stappenbeck, C.A.,** & Fals-Stewart, W. (2003, June). *Behavioral couples therapy for female patients with alcoholism: Effects on drinking behavior and relationship adjustment*. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, Bal Harbour, FL.
- Stappenbeck, C.A.,** Roberts, J.E., & Ciesla, J.A. (2002, March). *Is excessive reassurance seeking specific to depressive symptoms?* Poster given at the Annual Meeting of the Eastern Psychological Association, Boston, MA.

Roberts, J.E., Jedlikowski, K., Ciesla, J.A., Kashdan, T.B., Kelly, M.A.R., Gamble, S.A., **Stappenbeck, C.**, Direnfeld, D., & Shapiro, A. (2001, November). *Individual differences in stress perception among depressed outpatients: The role of attachment security and cognitive style*. Poster given at the Annual Convention of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

**Stappenbeck, C.A.**, & Osberg, T.M. (2000, May). *Evidence for the overdiagnosis of psychopathology using the MMPI-2 in a sample of 19-22 year-olds*. Paper presented at the annual Niagara University Undergraduate Research Conference. Lewiston, NY.

Osberg, T.M., Poland, D., **Stappenbeck, C.A.** & Tallides, S. (2000, March). *Administration of the MMPI-2 to 19-21 year olds: Evidence for the overdiagnosis of psychopathology*. Paper presented at the Annual Meeting of the Eastern Psychological Association, Baltimore, MD.

Thompson, B., & **Stappenbeck, C.A.** (2000, March). *Effects of decision criterion on response latencies in recall*. Poster given at the Annual Meeting of the Eastern Psychological Association, Baltimore, MD.

## **RESEARCH EXPERIENCE**

Graduate Student, SAHARA Lab, University of Texas at Austin. NIAAA funded longitudinal study of college student drinking and associated behavioral risks. Duties include supervision of experimental protocol and undergraduate research assistants, data management, data analysis, presentation of research findings. Under K. Fromme, PhD 8/04-Present

Project Coordinator, Research Institute on Addictions, University at Buffalo, The State University of New York. NIDA funded study of Behavioral Couples Therapy for drug abusers. Duties included supervised project personnel on participant recruitment, data collection, and administration of research protocol; trained research assistants on the administration of structured and semi-structured interviews; participated on committees to develop manuals for future research projects; collaborated on the development of grants, manuscripts and conference presentations. Under W. Fals-Stewart, PhD 11/02-7/04

Research Technician, Research Institute on Addictions, University at Buffalo, The State University of New York. NIDA funded study of Behavioral Couples Therapy for drug abusers. Duties included administered interview and questionnaire assessments; assisted in participant recruitment, data collection and data coding; edited manuscripts, treatment manuals and grant proposals. Under W. Fals-Stewart, PhD 6/02-11/02

Masters Project Research, University at Buffalo, The State University of New York. Proposed and conducted independent research studies; supervised research assistants; managed participant recruitment, data collection, data entry and data analysis; prepared conference presentation. Under J. E. Roberts, PhD 1/01-5/02

Graduate Research Assistant, Depression Research and Treatment Program, University at Buffalo, Buffalo, The State University of New York. Duties included participant recruitment, administration of research protocol, and data entry; supervised undergraduate research assistants working on data collection and data entry; participated in group consensus ratings of stressful life events; assisted

fellow graduate students on their research including conducting screening interviews for Obsessive-Compulsive Disorder using the Structured Clinical Interview for the DSM – IV. Under J. E. Roberts, PhD 8/00-5/02

Lab Coordinator, Clinical Psychology Lab, Niagara University. Led research studies exploring the tendency of the Minnesota Multiphasic Personality Inventory-2 (MMPI-2) to overpathologize young adults as well as the psychopathological correlates of weight-cycling; coordinated participant recruitment, appointments and administration of the research protocol; assisted in data collection, data analysis and preparation of conference presentations. Under T. M. Osberg, PhD 5/99-5/00

Honors Research, Clinical Psychology Lab, Niagara University. Proposed and conducted an independent research project to further investigate the MMPI-2's tendency to overpathologize younger adults; coordinated participant recruitment, data collection, data entry, data analysis and interpretation; prepared a paper presentation. Under T. M. Osberg, PhD 9/99-5/00

Research Assistant, Cognitive Psychology Lab, Niagara University. Planned and developed a computer program to measure retrieval and decision latency; managed participant recruitment, data collection and data analysis; assisted in the preparation of a conference presentation. Under B. Thompson, PhD 1/98-5/99

## **CLINICAL EXPERIENCE**

Graduate Student Tester, Austin Behavioral Clinic. Administered neuropsychological assessments for emotional and intellectual functioning. Supervisor, John D. King, Ed.D. 4/08-Present

Graduate Student Therapist, Austin Center for the Treatment of Obsessive-Compulsive Disorder. Conducted Exposure and Response Prevention (ERP) treatment to clients diagnosed with OCD. Supervisor: Bruce Mansbridge, Ph.D. 4/07-Present

Graduate Student Therapist, UT-Clinical Psychology Training Clinic, University of Texas at Austin. Duties included assessment and individual therapy. Trained in Cognitive Behavioral Therapy for depression and anxiety disorders, control-mastery, and object relations therapy. Supervisors: Elayne Lansford, Ph.D. (8/07 - Present); Martita Lopez, Ph.D. (8/05-8/06)

Practicum Student Therapist, UT Counseling and Mental Health Center, The University of Texas at Austin. Conducted Interpersonal Therapy for clients with problems that included anxiety, depression, adjustment, and relational difficulties. Supervisors: Mark Zentner, Ph.D., Joel Wong, Ph.D., and Shalini Batra, Ph.D. 8/06-5/07

Graduate Student Therapist, Depression Research and Treatment Program, University at Buffalo, The State University of New York. Co-therapist in psychoeducational group treatment for depression; interviewed clients and assessed depressive symptomatology as well as stressful life events; conducted initial phone screenings with potential clients. Supervisor: John E. Roberts, PhD. 8/00-5/02

Student Intern, Mount St. Mary's Hospital, Lewiston, NY. Assisted in group and individual therapy on the inpatient rehabilitation floor for substance-abusing patients; participated in weekly staff meetings. Supervisor: Suzanne Courneya, RN, BSN. 9/99-12/99

## **TEST ADMINISTRATION AND INTERPRETATION**

Wechsler Adult Intelligence Scale (WAIS-III) (6 administrations and interpretations)

Wechsler Intelligence Scale for Children (WISC-III) (2)

Minnesota Multiphasic Personality Inventory (MMPI-II) (4)

## **AD HOC REVIEWER**

*AIDS and Behavior* (1)

*Basic and Applied Social Psychology* (1)

*Experimental and Clinical Psychopharmacology* (2)

*Journal of Social and Clinical Psychology* (1)

*Journal of American College Health* (2)

## **PROFESSIONAL ACTIVITIES AND AFFILIATIONS**

Graduate Student Representative, Council of University Directors of Clinical Psychology (CUDCP),

Fall 2006-present.

Student Member of the American Psychological Association, 2004-Present

Member of the Association for the Advancement of Behavior Therapy, 2004-2006

## **PROFESSIONAL PRESENTATIONS AND WORKSHOPS ATTENDED**

Throster Bjorgvinsson, Ph.D. (2008). Cognitive behavioral therapy for OCD and other anxiety disorders. Workshop presented at the Austin Treatment Center for OCD.

Alissa Sherry, Ph.D. (2006). Supervision and consultation in psychology. Workshop presented at The University of Texas at Austin.

Antonia Abbey, Ph.D. (2004). Alcohol's role in college students' sexual decision-making. Seminar presented in Seminar Series, Research Institute on Addictions, Buffalo.

Michael Stein, M.D. (2003). Grim charity: Injection drug users and needle sharing. Seminar presented in Seminar Series, Research Institute on Addictions, Buffalo.

Howard Liddle, Ed.D. (2003). Family-based treatment for adolescent substance abuse: Clinical outcomes, process findings, and transportation challenges. Seminar presented in Seminar Series, Research Institute on Addictions, Buffalo.

Michael Windle, Ph.D. (2003). The continuity of alcohol problems from adolescence to early adulthood. Seminar presented in Seminar Series, Research Institute on Addictions, Buffalo.

Kimberly S. Walitzer, Ph.D. (2003). Enhancements to drinking reduction treatment for problem drinkers: Evaluating spouse involvement and behavioral couples treatment. Seminar presented in Seminar Series, Research Institute on Addictions, Buffalo.

UPDATED: AUGUST 29, 2008